

How to Become a M o d e l

H a u t e Couture

INTERVIEW WITH AUTHORS

AUTHURS

Fashion Life Style

Designer

Model Lifestyle

Discover the Secret of Always Looking Good

**MARCH 2023** 







## **Models Lifestyle**

Modelling is a career that involves skills that can give you poise and confidence. In this career, you get the opportunity to travel to new places, meet creative professionals and earn a handsome income. Given the competitive nature of this career, however, you should be well-prepared before entering this profession. In this article, we explore how to become a model, what they do and what skills and qualifications they need. What does a model do?A model uses their physical appearance to help a company advertise a product or to help an artist create or display a work of art. A model might work with a photographer to create fashion pictures or walk down a runway to introduce a fashion designer's latest clothing line. Artists often hire models to pose for them while they draw, paint or sculpt. Companies hire models for advertisements and marketing campaigns.

## EDITOR'S LETTER

Everyone wants to look good and some definitely want to flaunt it too. Modelling today is not restricted to the ramp alone. Whether print, product promotion or ad films, all fields demand good looking models to complement their products.

The fashion industry is one of the most polluting industries, and one of the most energy and raw material intensive. For this reason, and in spite of the tenuous advances that are already being introduced, 2022 will be the year in which companies will have to leave their promotional and advertising initiatives to three, replacing them with really significant actions that will even exceed what consumers are already demanding today. In this way, the definitive transformation of the industry towards a new sustainable model will be promoted.

Liba Khan

(Editor Fashion Dreams)



PHOTOGRAPHER

# IRENA EASTINGTON

Founder, Owner, Chief Photographer, Editor, Creative Director IRENA EASTINGTON PHOTOGRAPHY

# IRENA'S JOURNEY AS A PHOTOGRAPHER

Being the founder, owner, chief photographer, editor, creative director and just about everything else, including dog mum, it is my sole aim to empower men and women of all shapes, sizes and ages by creating incredibly beautiful photographs and videos that build self-confidence and leaves all my clients feeling truly wonderful!

Originally from Ukraine, my studies gained me an MBA in Business, before moving to the UK over 20 years ago now. Wow, I cannot believe how time fly's so fast!

I have always been very creative, so started my career as a makeup artist/retoucher, and then gradually worked my way up and became a professional photographer, working for one of the biggest names in the hair industry, Robert Masciave. My first winning project was featured in the biggest hair competition in the UK, called Fellowship. Since then I never put my camera down.

My interest in photography grew from working with some of the best photographers in the world, giving me a privileged insight and introduction to the industry. I now specialise in commercial and fashion photography, I am a passionate stylist and accomplished makeup artist specialising in beauty, hair and fashion.

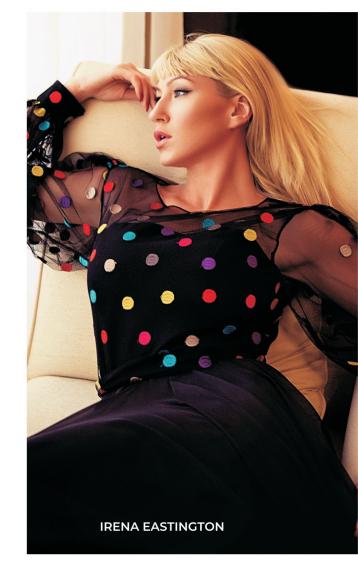
For over ten years now, I am proud to be a highly published photographer, working for clients that include every major British newspaper, Barclays Bank, Revlon Style Masters, L'Oreal Color Trophy, British Hairdressing Awards, Channel 4, F.A.M.E and Sky Sports, to name a few. I have many eCommerce shoots and publications and continue to work on

television productions all over the world including UK, Europe, US and Middle East. My international work includes front cover works for Bazaar, L'Officiel and Glamour Magazine.

I adore specialising in men's and women's portraiture and while I get to be my own boss which I love, my main mission as your photographer is to show just how gorgeous my clients are and to refresh their confidence with a series of the most beautiful images.

Before I shoot, it is crucial that I understand each client's needs, inhibitions, likes, dislikes, and passions so I get to know a little about the person who becomes the centre of my photography universe.

Once a shoot date is confirmed, I will begin organising and creating the perfect tailor-made photography experience for each client...from the moment they set foot into my studio, I will work closely with their artistic approach, discuss outfits, share their vision, and what they are looking for from their unique photo shoot. My goal is to make every single client feel comfortable, happy, relaxed, and excited about what is about to happen next!



## CAMERA IS LOVE







# IRENA EASTINGTON





## **CAPITOL FEVER**

#### BY AUTHOR WENDY LUCCA

Her most epic mistake is also her greatest chance to find love again! Published by Sun City Art Press on 2nd July 2022, this book is a masterpiece in the romantic comedy genre. Author Wendy will make you fall in love again, love someone without feeling scared. This is a novella-length second-chance steamy romance with first-person POV and a happy ending. Available on Amazon. A trendy city, a bad boy drummer, a sexy special forces spy and a new job as a girl boss. Capitol Fever is available for Kindle.

#### ABOUT THE BOOK

My most epic mistake is also my greatest chance to find love again! In hindsight, I should not have been caught having lusty relations with Arrow McCue in the back of his UPS delivery truck. My reckless meltdown got me fired from my first-year teaching job. But my embarrassment after the lurid videos went viral on social media paled in comparison to being abandoned by my husband for his legal secretary. When my Great Uncle Dax passed and willed me his real estate firm in Austin, Texas, I packed up my pride and my goldfish and headed for the Lone Star State, an awesome place for a fresh start. I vowed to stay on a straight path to no more drama. So, I keep trying to distract myself by having a fling with this hot drummer, John, a guy I met at a club in Austin. Falling for my new head of security, Jesse Dalton, was never part of my plan. Sure, Jesse's easy on my eyes and hard in the sack, (also my new office sofa, his bedroom, and the tops of cliffs), but he's a bad boy, free spirit with relationship commitment problems and things are turning into hot lava between us. I am a new girl boss now, and my business must come first. But Jesse makes me feel beautiful, sensuous, strong, and protected. All the things I never felt in the last years of my failed marriage. Jesse gets me and when I feel his arms around me, I am enticed to trust a man again. To fall in love again. To let Jesse love me without feeling scared. But way down inside of me, I am petrified. Will this all be too much too soon and wreck my heart again? Will the risks of starting over be too great for us both to handle? Or am I an idiot to let a second chance at love pass me by? This is a novella length second chance, steamy romance with first person POV and a happy ending.

Get your copy of 'Capitol Fever' by Author Wendy Lucca on Amazon. Connect with her below



#### THE AUTHOR

Growing up with a family that loved to read all kinds of books, Wendy Lucca was practically tripping over all the books in the house. There were never enough bookshelves. Much of the time during the heat of the Texas summers, she came inside to read and get lost

in a story. Wendy enjoyed many classics, but she always had time for a great love story or a pulp fiction horror story. One of her favorite classes in school was theatre arts. There, they dissected how to write and perform plays. Wendy's favorite drama teacher used to say that in order to become a brilliant writer and actress, one needed to go out and live life first. Wendy embraced life's joys and sorrows and made sure she did not just stay on the sidelines.

From then on, script writing for movies and plays informed Wendy's fiction writing. After college, she started teaching English with an eye to becoming a published author down the road. She learned about the hero's journey and tried to incorporate each story with a full plot arc. Wendy is also a member of several excellent writers' groups. Wendy published romance novels and also several romance serials. Becoming a serial writer helped her to write quicker and to master the art of the well-timed cliffhanger.

Even if Wendy has one new idea, she is always searching for more, and never stops looking for the next interesting tale. She loves giving readers a good story to get lost in, just like the writers of old gifted her those great tales she read in her youth. Thanks for reading Wendy Lucca's work! Cheers!

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## Q: What was your first thought when you started writing and when?

In fourth grade, I begged my parents to buy me a movie camera for my birthday. Of course they bought the camera! I felt so proud and excited! Once I learned how to make films, I used the camera to make a silent movie with one of my best friends, Kristen. I wrote a script and then we filmed the story. We added subtitles and called the story "The Adventures of Myrtle and Gertrude." I am pretty sure since we were kids, the story ended with a pie smashed into someone's face! This was my first attempt at writing and I've never looked back since!

## Q: What literary pilgrimages have you gone on?

About 6 years ago, my family and I visited the grave of the great poet Edgar Allan Poe. My first Edgar Allan Poe poem was Annabelle Lee, and I felt enamoured with his weaving of lost love into every eerie story or poem. My younger sister is a professional writer and our mother is an English teacher and a big gothic horror reader. While on a trip to visit my sister in Washington, DC, we drove up to Baltimore, Maryland, visited Poe's marble and granite grave marker and took pictures. The sun was shining, and we ate at a local mom-and-pop Italian restaurant. I recall getting some great pasta and Limoncello. But most intense, hovering over the day, was the mystical connection with a great American storyteller paving the way for other writers to follow.

## Q: What is the most unethical practice in the publishing industry?

Piracy is definitely a completely harmful practice and just about every writer I know must face it. Finding free copies of your hardwon writing craft put out in a way that dupes customers is disheartening. Most writers work tougher to help each other spot such dubious events and cope with them as effectively as possible under the circumstances.

#### Q: Does writing energize or exhaust you?

Romance writing and the creative process energize me because I love immersing myself in spicy love stories. The passions and drama of human nature, and the highs and lows of romance, comedy and tragedy are exciting to me. I feel that attraction, that magnetism when I write—time suspends and the world retreats. People make sense of the world by telling stories. Each person weaves a narrative fabric of their own that is both unique and also connects to the larger world of universal experiences. I am passionate about life, love and happy endings.

### Q: What are the common traps for aspiring writers?

Trying to be perfect is a huge mistake. Trying

too hard to make too many beautiful paragraphs with metaphors and antithesis about the moonlight, instead of writing from your heart can be a misstep too. Following your muse down too many rabbit holes and not coming back up for air can also be an obstacle.

#### Q: What is your writing Kryptonite?

If kryptonite is a catchword for an exploitable weakness, then mine would be collecting ideas like leaves falling from a tree and then stashing them half-formed somewhere. Inside my many tote bags, I nestle gel pens, journals full of doodles and lists, free writes, or partial story ideas. Full of fancy, I veer down each path for a while and try on for size what that story will become, much like trying on endless pairs of designer heels or trying out sexy new cocktails and vintage wines. I can get lost!

## Q: What does literary success look like to you?

Success is about using best practices and expressing myself. Sure, part of success is money, but writing is my passion, so it never feels like a job. I do set smart goals for myself on progress, so success measures change each year.

#### Q: How many unpublished and halffinished books do you have?

That is such a hilarious question because all my writer friends and I have a variety of unpublished stories. Sometimes to kill time instead of writing, we have to go back and count them to compare. Of course, to answer this question, I still looked around in my various writing notes and journals to answer. Drum roll, please! I have six unfinished stories right now.

## Q: How long do you spend researching before beginning a book?

The old writer's cliche is true—write about what you know. I may spend a few days researching a niche area before writing if I need to. I like to write about a setting where I have spent a significant amount of time, but that is not always possible. I loved writing the story Capitol Fever because I lived in Austin for 5 years. I felt like reliving the fun of the place. Right now though, I am writing a romantic suspense story set in the middle east, and I have not been there. This story deals with military protectors, so the story required more research on that setting and topic.

#### Q: How do you feel about being featured in

I felt honored and quite flattered about being listed in such a classy, trendsetting magazine as DE MODE. I love connecting with readers and I already have an international audience, so this was a great opportunity. Thanks again for supporting my work as a romance author!



## THE REIGN OF THE OCCULT

#### BY AUTHOR LAUREN LOUISE HAZEL

about a brother and sister who need to go to extreme lengths in order to save multiple worlds. Prue is the daughter of a mortal and a magic wielder, giving her the unique ability to see what is happening in two different worlds. She understands that the Underworld and the Overworld are in constant conflict and that the Underworld has tipped the scales and is winning the war.

#### ABOUT THE BOOK

The battle between the Underworld, full of darkness, and the Overworld, full of light, has been evenly balanced for millennia. Caught between them is the mortal world, where humans have become so afraid of magic they cannot understand or control that they allow the Occult to rule them. After the Occult joins forces with the Underworld, the balance shifts and the Overworld is decimated. But still, in the mortal world, the magic won't die. It appears when a supernatural being and a human have a child, like Prue.

This is the first volume in an epic new fantasy series that spans the three richly detailed worlds as Prue, her non-magical half-brother Everett, and all Magic Users, fight to survive. They are being hunted by the Occult, who turn the Magic Users they capture into tools to eliminate their own kind and, eventually, to destroy all traces of magic.

The fight to survive turns into a crusade to save the magic by destroying the Occult and restoring the powers of the Overworld. Prue's ability to see the future is useful, but she and Everett cannot do it alone. This first, and terrifying, journey is a test of friendship, a new take on sibling rivalry and an exploration of all forms of love.

There are lots of twists and turns in this story that will help keep all readers hooked on what is happening. The characters are unique, and the world-building is fantastic. This is a must-read for anyone who enjoys fantasy novels. DE MODE highly recommends "The Reign of the Occult" by Lauren Louise Hazel.

Get your copy of 'THE REIGN OF THE OCCULT" by Author Lauren Louise Hazel on Amazon.



#### THE AUTHOR

Lauren Louise Hazel is a Cyber Security Manager by day and a YA author by night. When she was a little girl, her father used to take her to bookshops at the crack of dawn to get new releases that she loved. He is hoping her writing career is profitable so she can get him a

Ferrari. Although she grew up writing stories and drawing the illustrations to go with them, Lauren did not ever pursue it as a job prospect, thinking the publishing industry was too competitive. It was a dearly loved hobby, which she pursued for fun rather than for financial reward. She fell instead into IT and security, where she has built a successful career.

Lauren started The Reign of the Occult back in 2010, during bouts of ill health when she was inspired to write the first five-thousand words, but she stopped there. Over the years she started many writing projects, some of which she completed and some she did not. Still, finishing a whole novel evaded her. In 2015, she came back to The Reign of the Occult, when illness returned, and decided she wanted to finish it. The writing was something she could do and enjoy even when unwell. There was no intention to publish at that time – only that it would be completed – to prove to herself that she could finish one.

Since finishing The Reign of the Occult, Lauren's approach to writing has changed completely. She has since finished its sequel, The Queen of the Underworld and a standalone novel, The Burning Bandit.

When you know you can finish something, and that it is possible, it makes all the difference!

## Q: What was your first thought when you started writing and when?

When I started writing The Reign of the Occult, which is a YA fantasy novel, I wrote only the first five thousand words and came back to it years later. I wanted to prove I could complete a whole book and it expanded from there. It's strange it's now published, as that had not the intention when I started.

## Q: What literary pilgrimages have you gone on?

When I decided to start writing as a job rather than a hobby – it completely changed my approach. I have become much more disciplined, and I concentrate on getting the words out first – before I start worrying about editing anything. It's something I must do rather than an option, and not surprisingly, I am much quicker now!

## Q: What is the most unethical practice in the publishing industry?

It can be whom you know, rather than what you know.

#### Q: Does writing energize or exhaust you?

A bit of both. There's nothing better than getting ideas flowing and having everything come together in your head and then on the page. I find it hard to stop writing when I'm in the zone and I enjoy doing it – even when I'm supposed to be having to time off. Sometimes I need to stop and disengage.

## Q: What are common traps for aspiring writers?

If you try waiting for the perfect time, or for the perfect circumstances, to get writing and publishing, you can end up waiting forever. Just get going, one step at a time and progress builds from there. Suddenly you find you are further along than you first thought, and everything has added up.

#### Q: Does a big ego help or hurt writers?

To improve at anything in life, you must be able to take on criticism. Few manuscripts come out perfect the first try. You must revise it, take on feedback and make the necessary improvements. Confidence and faith are good when writers face rejection, but you also need to be adaptable.

#### Q: What is your writing Kryptonite?

I write the bits of a novel that I like first, which means I don't always write in chronological order. It is probably the least efficient way of doing things and I don't think writers would normally recommend it. Particularly for The Reign of the Occult – I went backwards and forwards on it all the time.

#### Q: Have you ever gotten a Reader's block?

I'm normally a quick reader, but I struggle every time with A Heart of Darkness by Joseph

Conrad. The book is only small, and I have about 3 copies, yet I still can't finish it. It was for a school English project, & I did not get it.

## Q: Do you ever consider writing under a pseudonym?

Yes, I do write under a pseudonym. Hazel is my grandmother's maiden name.

## Q: Do you try to be original or deliver readers what they want?

I love reading YA novels, so I just wrote what I would like! I already have the sequel, The Queen of the Underworld, written so it's not based on any audience feedback. When I sat down to write it one day, it all came to me in one go.

#### Q: How many unpublished and halffinished books do you have?

The Reign of the Occult is now published and released. Its sequel, The Queen of the Underworld, is complete but not edited – due out in November 2022. I also have The Burning Bandit (a standalone) which I haven't published yet but is all done. I will be releasing them over the course of the next couple of years.

## Q: What does literary success look like to you?

Obviously, you want people to like your work, but more than that, I want to create something I'm proud of. To build a collection of books that I would purchase and love. While I love YA novels, eventually I do want to write a novel for adults – to test my skills!

## Q: What's the best way to market your books?

As a debut author, I am still figuring this out. I think it's trying things out and seeing what works for you and your novels. As well as social media, I've been using professional promotors, advertisements, and entering competitions. If anyone has any tips, then let me know.

## Q: How long do you spend researching before beginning a book?

My debut novel, The Reign of the Occult, is a fantasy novel with folklore elements, so I did a lot of research. Rather than doing it beforehand, however, I did it while I was writing – during a five-year period. The Burning Bandit (currently unpublished) I researched for about six months beforehand. Research is my favourite activity!

#### Q: How do you feel about being featured in

It feels very strange after so long writing it! But exciting too, like the start of a new journey. I just hope that people give The Reign of the Occult a try and that they like it. The best bit about writing is knowing people understand and enjoy what you're trying to portray.



## LEGACY

#### BY AUTHOR EAN W. LANNING

Legacy takes place in a dystopian society in what is known as old Los Angles. The people of old Los Angles live outside the wall. They strive day by day just to find enough food to eat and stay alive. Legacy may not be a fast-paced novel no it is more like a slow-burn type novel with a very interesting plot or storyline that will keep you hanging on every word. This book Will suck you in and leave you craving more it reads like an action movie with Suspense and drama and leaves you hanging on every page so glad to add this to my personal library and hopefully many more from this author.

#### ABOUT THE BOOK

Manhattan lives with his guardian Tom in the crumbling ruins of Old Los Angeles. The clothes he wears, the boots on his feet, and the necklace he must protect are his only possessions. In a rundown house on the edge of the city, Manhattan and Tom have distanced themselves from the chaos. Meanwhile, Tom has sheltered Manhattan from the reality all around him. The guards who are supposed to protect the people are abusive and hostile. The people are forced to live day by day on nothing more than scraps of burnt bread. Soon enough things begin to change. When a routine trip to the market ends in tragedy, Manhattan joins the Renegades. He learns to defend, fight, and work with others and soon enough the Renegades are ready to take on the tyrannical Lord Maddus head-on.

Legacy is a dystopian sci-fi novel by Ean W. Lanning that takes on a life of its own. We are not going to lie, when we read the blurb we went in with the notion that it'll be one of those everyday sci-fi novels, but we stand corrected. Not only has the author managed to pack a punch with action, drama & suspense, but things like the way the characters were developed felt authentic and the 'world' that this is set in is given you a deep-rooted feeling of familiarity & confusion at the same time. Although the plot of this book is eventful and entertaining, we think we were mainly taken aback by one particular twist that we didn't see coming which changed our whole perspective of the story. Overall, it's a great book & a page-turner so we would definitely recommend it to readers who are into sci-fi &/or dystopian novels.

Get your copy of 'LEGACY" by Author Ean W. Lanning on Amazon and Barnes & Noble.



## Q: What was your first thought when you started writing and when?

When I first started writing, I was halfway through rehab. During that time, I could focus on bettering myself for my kids, me, and the future I wanted them to have. When I first started writing, I thought it was a way to put my energy into something other than drinking until I blacked out.

### Q: What literary pilgrimages have you gone on?

A pilgrimage that I have gone on has been figuring out what makes my characters tick. What they would do in a certain situation, how they handle themselves, and understanding even the minutia of details that helps the reader connect with any character. If the reader can relate on a deeper level, then they have a desire to finish the novel.

## Q: What is the most unethical practice in the publishing industry?

That's a good question! I think when you lose the person you once were, and forget where you came from, then the will to go to areas deemed unethical become justifiable. The boundaries that you were willing to cross take you away from the person that readers connected with in the first place.

#### Q: Does writing energize or exhaust you?

At times writing energizes me when I'm sucked into the story, and I want to know what is going to happen next. When this happens the usual three or four pages become nine or ten pages and I find myself writing an entire chapter within a few hours. The times writing exhausts me is when I edit my work.

### Q: What are common traps for aspiring writers?

A common trap that comes to mind is thinking that the novel is going to get picked up instantly, or that the novel will be known immediately. This is a trap for the mind of a writer when they think that the world of writing is smaller than it truthfully is. This conflict can dampen the writer's spirits.

#### Q: Does a big ego help or hurt writers?

As a writer, you must be willing to "kill your darlings," meaning some parts of the book might have to be removed. I feel with a big ego, justifying your reasoning why leaving stuff in can hinder the potential of the novel. I think being consistent is more important than being right and an ego could affect this.

#### Q: What is your writing Kryptonite?

My kryptonite has been procrastination. Instead of spreading the work throughout the days, I end up holding the work off until the day or two days before it is due. In school, I could finish assignments in a few days, instead, I would

cram the work into that night and would end up with an unsatisfied grade.

## Q: Do you ever consider writing under a pseudonym?

I did consider it. When I had written a few short stories I thought about using a pseudonym that had a nice ring to it. I wanted to go under the name of Wade Winchester. When I discussed it with my creative writing teacher, he gave excellent advice and reminded me that Ian Fleming wrote James Bond.

## Q: Do you try to be original or deliver readers what they want?

I want to be original. "Original" means a story that is written by you with your creative writing skills. This story shouldn't be copied from any author. I don't want to write a story that I am unable to connect to as well as pour my heart and soul into the story. If I wrote what others wanted me to write, then the joy of creating would be sucked out of why I started writing in the first place.

#### Q: How many unpublished and halffinished books do you have?

I have an unpublished short story that I wrote as I was writing Legacy. I wrote about a lonely boy who created a robot who was his only friend. I wrote just to write it then placed it in a document for safekeeping. Besides the short story, Legacy was the first story I have written and wanted to publish.

## Q: What does literary success look like to you?

To me, literary success is hearing readers have enjoyed the book. That they could connect with the characters, and they took something away from the novel. When I read and hear reviews about Legacy, it reassures me that it wasn't all for nothing. I can also connect with readers and know that we have dealt with similarities in our lives.

## Q: How long do you spend researching before beginning a book?

I prefer to not research before writing the book. I want to jump in and begin the story and see where it is going to take me. I like to say that I am a vessel for the characters and story as they come to life. If I do any research, it is for accuracy and for clarification.

#### Q: How do you feel about being featured in

The thought of being listed in a magazine, after years of writing your book, unsure of how good it will do, doubting whether it is even worth the time, then after publishing your book you are asked to be in a magazine is a feeling that not enough words can express. I am very grateful and excited about the opportunity.



## **CLUBBED TWO**

#### BY AUTHOR ROBERT KARL

Clubbed Two: Anxiety, Anger, Activism by Robert Karl is the second book in his powerful and poignant historical fiction trilogy. Set in Philadelphia between 1982 to 1992 as the AIDS pandemic begins its assault, the story centers around Joey and Henry, lovers and owners of Club Sanctuary, and the diverse cast of characters who frequent their club. Their stories range from funny, and fabulous to tragic, but each character is merely attempting to make their way in a world filled with hate, fear and heartbreak.

#### **ABOUT THE BOOK**

CLUBBED TWO is historical fiction, set in Philadelphia PA from 1982 to 1992. A love story is included, but this is not your typical gay romance novel. It's his second book in a planned three-part series exploring LGBTQ history and culture.

Much of the story is told in a first-person narrative by Joey, the owner of Club Sanctuary. Joey and his partner, Henry, continue to develop relationship as they build the club into a huge success. However, in order to provide greater insights into the words, thoughts and actions of various characters, the author often moves into a third-person narrative. This allows the reader to dive more deeply into the stories of characters whom Joey might not know at all. This format allows Club Sanctuary to be a metaphor for the greater LGBTQ community, without limiting the scope of the story. LGBTQ Pride; Diversity; Disability Awareness and Acceptance; Interracial Love; 1980s Queer Fashions and Fads; Ageism, Infidelity, and AIDS Activism.

Historical references are made as the characters attend the Gay Games, view the AIDS Memorial Quilt, or learn about the deaths of celebrities, AIDS activists and advocates, co-workers and friends. Others get involved with real-life organizations, such as ACT UP, as they struggle to fight against indifference and ignorance.

Readers have described the book as profound, poignant, fun, spicy, hilarious and as an amazing book with important stories. Come along for the ride and experience life in the true spirit of the Queer community.



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## Q: What was that final or provoking thought that made you write your first book?

For the CLUBBED series, which are my first novels, I wanted to share positive stories of LGBTQ characters, starting before the AIDS pandemic and continuing into the 21st Century. It was important for the stories to be authentic and reflect the realities of LGBTQ life. I started the work at the beginning of the COVID pandemic.

### Q: What do you like to write about the most?

Queer characters find joy in life and accept themselves, even as they sometimes face adversity and obstacles. The overall theme of my books is to celebrate the diversity of Queer culture. I find empathy with characters who don't easily fit into the mold of the expectations of others.

#### Q: What does your book emphasize?

Club Sanctuary is a metaphor for the greater LGBTQ world, exploring both positive and negative aspects of the characters' lives. The positive, long-lasting interracial relationship between the two main characters provides a focus for the other stories. Accepting ourselves and others as we are is a major emphasis.

## Q: What book or childhood author had the greatest impact on you?

I first read the works of James Baldwin many years ago, and I still re-read his works. His prose is brilliant. I recommend him to anyone who enjoys great literature. In CLUBBED TWO, the characters pay homage to Baldwin with a mural outside the club.

## Q: What is the most unethical practice in the publishing industry?

I have no direct experience with the publishing industry because my books are self-published. When I first looked for a publisher, they wanted me to wait much too long for them to make a decision. I would like to see the industry be more receptive to new authors from any age group and include more diverse voices.

#### Q: Does writing energize or exhaust you?

Writing energizes me! I get excited to tell the stories and see where the characters take me. I don't do any outlines or construct elaborate maps for where the stories will go. For me, that's part of the energy and excitement, to travel along with the characters.

## Q: What have been some of the most exciting changes you have seen with regard to support for LGBT youth and what do you hope to see in the future?

We now see ourselves represented more frequently in all types of media, which is

encouraging LGBTQ youth. There's still a long way to go and in some cases, we are now meeting strong resistance. More tolerance and acceptance are needed. And I want more stories with LGBTQ characters in all sorts of settings, including dramas, comedies, fantasies, etc.

## Q: We hear stories about exclusion, harassment, bullying, and other struggles of LGBTQ youth. How do you deal with the critics?

The hatred never went away, though it seemed to subside somewhat for a few years. Now, in places like the US, people openly state their hatred of us and promote violence against us. I won't stoop to their level, but I will maintain a strong, dignified resistance and always support my community. And continue to share my stories.

## Q: Do you try more to be original or to deliver to readers what they want?

I write stories that I love and I hope to find a connection with the readers. Each character comes from my heart. I describe them as fierce, fabulous, funny, and flawed. Their situations are sometimes funny, sad, serious, tragic, or all of them combined. Just like life.

## Q: Do you think someone could be a writer if they don't feel emotions strongly?

Me, I get very emotional while writing. And by that, I mean a wide range of emotions. Sometimes, I'm laughing, or I'm terrified, or I'm crying. If I feel no emotion, then the writing hasn't served its purpose.

## Q: How did publishing your first book change your process of writing?

It made me a more confident writer. It didn't change my process, but it did make my voice stronger. And it gave me the confidence to take chances.

## Q: What does literary success look like to you?

Making a connection with the readers is the ultimate success. As a self-published author, it can be difficult to reach the right audience. I love to get direct feedback in the form of ratings and reviews. And I ask readers to send me photos of my books that I post on social media for "Where's My Book Wednesday."

## Q: How do you feel about your book being featured in

This is a fantastic opportunity for me to reach an audience that I could never reach on my own. Thank you to DE MODE for including CLUBBED TWO in this issue. I am honored to be included. Thank you!











## Between The Sheets

I've gone to bed with the river Do not wake me if it rains

I am cradled in her current I am puddled in her ripples The pitter patterns of her brain I reach out as my hand graces stone Humbled by her body Enthralled by her cove I rest my cheek on her chest A soft hum A melody of deep breaths I've gone to bed with the river Like a faucet slowly leaking Flushed in the wonder of make-believe I swoon in the valley, between the sheets. With my dreamboat rocking steady downstream I am reminded of her kisses from the midst of the breeze. I am far from alone

Can't you hear all the chatter of all the pebbles below? Whispering voices of broken stories that will never be told.

I hear you.

I've taken the plunge
Engulfed by her request
As the air seeps from my lungs
Freezing cold water complemented by the warm sun
Transported by curves accompanied by her opalescent display
Her fluidity sings
I'm gone but not astray

I've gone to bed with the river I've set my sail free...

BY JEANNE LEA DELAHOUSSAYE (POETESS & INTERNATIONAL MODEL)









## Q: What was your first thought when you started writing and when? What literary pilgrimages have you gone on?

For me, writing is a voyage across time and space, where the human being may find freedom, adventure, fulfillment, and joy. I didn't get good marks in school as a teenager. I would rather spend my days outside in nature. On the other hand, the teacher of Italian literature told my mother: "Alessandro will become a writer." My literary journeys have taken me from Hermann Hesse to Oriana Fallaci, through Paulo Cohelo and Tiziano Terzani.

## Q: What is the most unethical practice in the publishing industry?

To deceive aspiring authors with false promises of publication, extorting significant sums of money for works that will never be properly published and marketed, with the sole intention of taking advantage of them.

#### Q: Does writing energize or exhaust you?

Both. If there is inspiration at the beginning, the energy is enormous and drives me to write and write. The breaks are then used to take care of basic needs and go for a few runs in the woods to let off steam before starting again. However, at the end of the manuscript, due to the endless rereadings with the editor, I must admit that I was on the verge of a psychological breakdown.

## Q: What are common traps for aspiring writers?

Instead of thinking about the outcome, writing should be a disinterested act of passion, an aesthetic endeavor inspired by profound listening to oneself. Then, using our capacity to convert ideas into feelings, we may enrich them with puns and amazing settings where the reader can dive in.

#### Q: Does a big ego help or hurt writers?

I believe that ego is a major flaw cultivated by human society to prevail over others, nature, and the animal world. Storytelling, whatever the theme it deals with, must always originate from inspiration. In my opinion, the presence of a strong ego is very limiting.

#### Q: What is your writing Kryptonite?

It is clear to me how detrimental it is to write without inspiration. It won't bring a good experience to the reader and risks producing useless works.

## Q: Have you ever experienced writer's block?

Yes, it's physiological. You just have to go out, breathe, run, live, laugh, and get over it.

## Q: Did you ever consider writing under a pseudonym?

No, although I did it once. I wrote a strong pamphlet on conformism. I used the

pseudonym as a shield, but now that I am older, I have no reservations about publishing anything under my own name. I don't see the meaning of using a stage name, but I have nothing to say if someone wants to do it.

## Q: Do you try more to be original or to deliver to readers what they want?

I write primarily for myself because writing gives me energy and nourishes my fantasies. It is only after that, that my focus shifts to the readers because of my desire to shake them, to make them discover new feelings, experiences, and possibilities.

## Q: Can someone be a writer if they don't feel emotions strongly?

From what I said above, the answer comes by itself. Emotions, in my opinion, are the foundation of life and creativity. My emotions don't have to be extremely strong if they are compelling enough to give me the impulse to start a journey.

## Q: How did publishing your first book change your process of writing?

The unexpected publication of my first book, by an Italian (and international) publishing house called Europa Edizioni, gave me great satisfaction, but it didn't push me to write more. The desire to write new stories was born on its own, based on strong inspirations. The first publication, if anything, may have given me more confidence.

## Q: What kind of research do you do, and how long do you spend researching before beginning a book?

The idea of a book comes from intuition. After that, to feed my initial insight, I place my attention only on the coincidences, anecdotes, readings, emotions, and experiences of daily life. Next comes the vision of a character's actions and psychology. It is then that intuition and previous reflections take shape but only by letting go and completely freeing oneself in a sort of meditation, liberation, and rebirth, that the book comes to be.

## Q: Do you have any upcoming books? What is it about?

I'm working on my third book: Danit, the story of a rebellious girl who runs away from home with a thoroughbred horse she frees from captivity. Danit will have many adventures in the forests with her horse and the other companions she meets.

## Q: How do you feel about your book being listed by MODE?

I am pleased and flattered by DE MODE's interest in my work. A coincidence? I don't believe in coincidences ... when a meeting takes place, there is always a reason. Certain synchronicities should never be ignored. And if Carl Gustav Jung says so, we should reflect.



# IDYLLS OF THE NYMPHAI: FROM A MANTIC CORACLE

#### BY AUTHOR HARRY MATTHEWS

Idylls of the Nymphai from a Mantic Coracle is Harry Matthews' seventh poetry collection. In it, the author takes us on a journey with the Nymphs from the vantage point of a mantic coracle.

#### ABOUT THE BOOK

Idylls of the Nymphai from a Mantic Coracle is the 7th poetry collection by Harry Matthews. The poems concerning the Nymphai, the author informs us, were inspired by a peculiarly mantic coracle on the River Severn, in Shropshire, England- an eminent past-time, whose legendary hospitality and insights the author has frequently enjoyed.

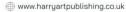
The book is a collection of 45 short and interesting poems with rhyme scheme, irregularly grouped, each with a unique taste to offer. Each poem will resonate deeply with its imagery of sunsets, rivers, and the unbearable absence of the Beloved. The book is so well written that the readers can connect on many levels.

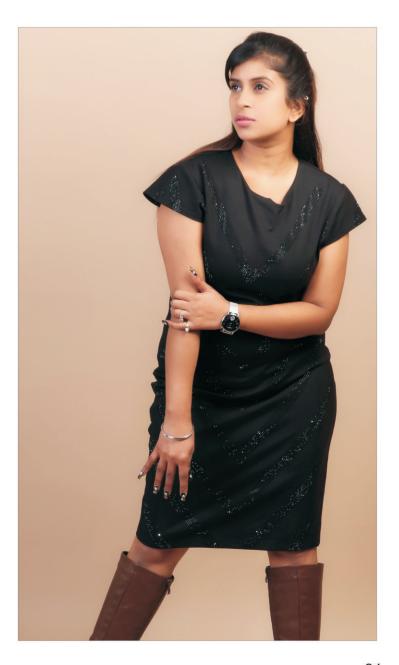
It's the seventh poetry book by the author so you can expect the book to be one of the best, with his experience in the art of poetry. When you pick up the book you won't be able to put it down without finishing. The poems are smooth and easy to read. It's a literary masterpiece by the author who says: "Theocritus called his pastoral poems "idylls" ('short poems'), particularly on a rustic theme. The Nymphai (Nymphs) were female spirits of the natural world- of the forests, rivers, springs, meadows, mountains, and seas. They say a load of a man is his coracle...a symbol for a spiritual journey, but also wholeness and completion; the surrender of one's life to God." The author brings forth verses narrating the lives of mythological characters with a witty, contemporary twist. These verses are beautifully written and make you experience feelings of tranquillity and laughter.

Get your copy of 'Idylls of the Nymphai' today.

Connect with Author Harry Matthews socially







WITH AUTHOR HARRY MATTHEWS

## Q: What was your first thought when you started writing and when?

I wrote my first book in June 2020. It was simply to fill in the time. So, I suppose the answer was to cure boredom. I needed some activity to keep my mind off things. I wrote my latest book in July this year...My thought: I'm going to write this book about Nymphs; a dreamy pastoral collection, inspired by Shropshire.

## Q: What literary pilgrimages have you gone on?

I have been to Hereford on several literary pilgrimages with the Thomas Traherne Association, both at Hereford Cathedral and St Mary's Credenhill, also the Church in Teddington where he is buried. I could also mention Lawrence's Clouds Hill in Dorset. I happened to be at Rohet Gahr near Jodhpur once where Bruce Chatwin wrote a draft of 'The Songlines'.

## Q: What is the most unethical practice in the publishing industry?

Predatory publishers.

#### Q: Does writing energize or exhaust you?

I find painting energies me with an uplift. I do my own artwork for my books, and I find that really helps to sell the book and make it more interesting. If I write poetry, I feel inspired, and determined, but without sufficient rest after finishing the book, I am easily exhausted.

### Q: What are common traps for aspiring writers?

Cliché and an inability to accept criticism are pitfalls. It is always good to read as a writer and write with a reader in mind. I learned a lot from my masters in writing, but I don't think they can teach how to write. One must read writers. I think focus and perseverance conquers most of the snares.

#### Q: Does a big ego help or hurt writers?

I think a writer needs an ego to survive in an ego driven world, but the less of the writer in the writing, the stronger the writing, especially in English.

#### Q: What is your writing Kryptonite?

Well I'm hardly a Superman, but I think that my Achilles heel is over-exerting myself; this always lands me in trouble and burnout is something I have to guard against or rest through! I think the cure is sometimes the poison and vice versa. Ginseng for instance, gives me focus, but it makes me garrulous and excitable! 57 words

#### Q: Have you ever gotten a reader's block?

Yes, quite a few times. I am hyperactive, but when I do focus, I have a depth of concentration that surprises me. There are a few books I should read, but I probably won't, but that's fine, I read when I can, and have several on the go at once.

## Q: Did you ever consider writing under a pseudonym?

Not seriously I considered a pseudonym: 'Perceval de Lillard'. My artist nom du guerre for a time was 'Hazman' but for writing I feel okay with my birth name.

## Q: Can someone be a writer if they don't feel emotions strongly?

They could write, but I doubt it would have much impact. What interests me is that I learned language first from my mother by means of 'poetic devices'. If you can imagine it, and really feel it, and thereby describe it, then the reader will believe it and feel it too, and perhaps always remember it?

## Q: What's the best way to market your books?

Having a book is like having a website. It can be brilliant, so it better be presented to the right people, so it can take off.

## Q: How did publishing your first book change your process of writing?

Not much, except I now take longer to write. With the first book I drafted a poem or two a day every day for a month. I went straight to drafting, all the thinking and gathering in my memory; ideas reaching maturity after brewing for years. Draft, revise, edit. The Idylls took 4 months- I had doctoral research in tandem

#### Q: How many unpublished and halffinished books do you have?

I have boxes full of them! I plan to get round to publishing a few more. The Amsterdam story has been with me since I was 22. It will probably be a massive tome. Then there is the ocean fantasy I've conceived as a trilogy. Then there many more poetry collections simmering nicely...

## Q: What kind of research do you do, and how long do you spend researching before beginning a book?

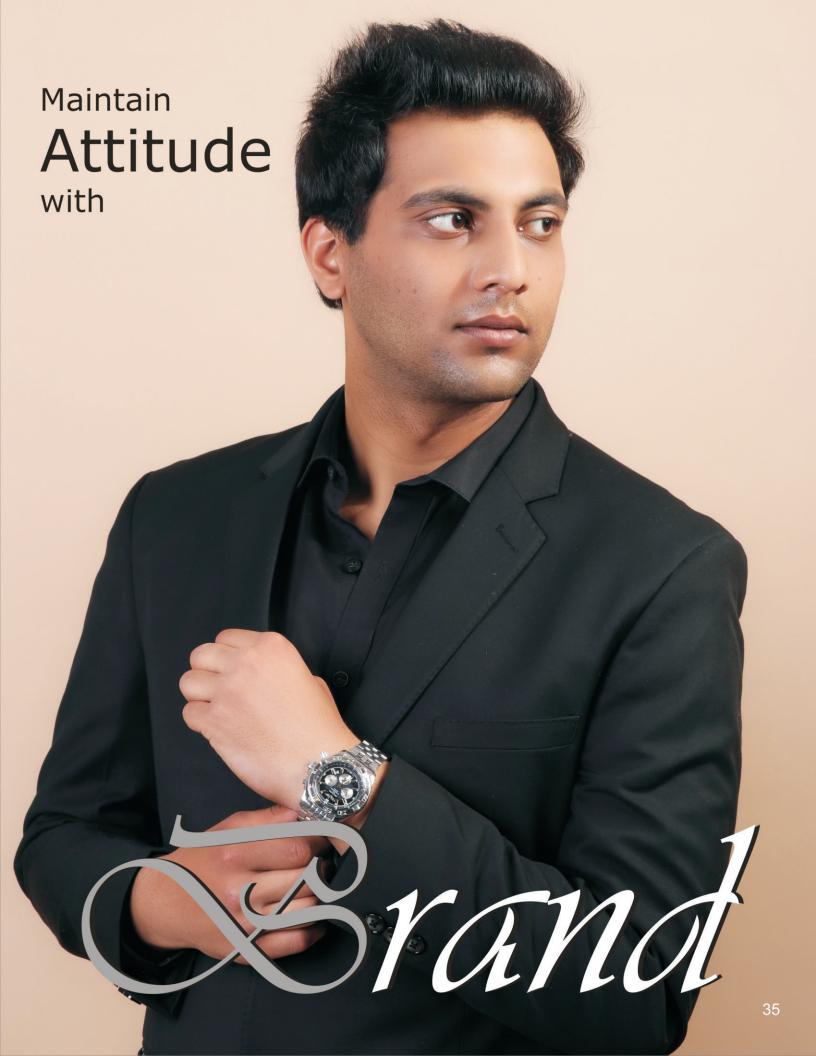
I find I do plenty of research for my poetry collections in the academic library, especially around the theme that emerges. The Idylls required Classical research, and the bucolic poets such as Theocritus and Virgil who inspired me. I did research on coracles still used on the River Severn in Shropshire today. Being in a coracle is research.

## Q: How do you feel about your book being listed by MODE?

It's truly lovely. Writing each of my poetry books is hard work- I'm never sure it will reach the audience I hope for it. Being listed by DE MODE is a great feeling for me, because it means my collections of poems made it wider across the world and raised a laugh - which is really all I'm trying to do.







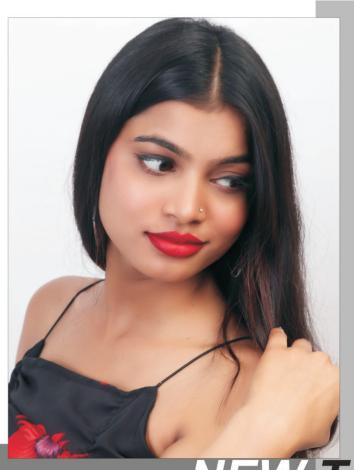














NEW TALENT

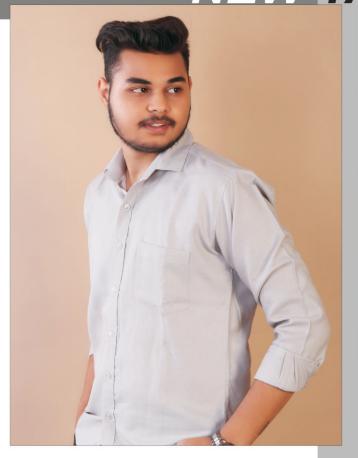








NEW TALENT





Charlotte Sui (SISIO) is next up on the runway; her collection: "Heart Sutra" is a charming gloss on duality. She shares that her experience creating is a process of healing. A reclamation for the heart, the collection speaks from the first walk to the last. Her designs showcase the inverse of human emotions. From highs and lows Sui creates an imaginative cheosgram with two necklines articulated on the bottom and top of the traditional chinese dress. Utilizing the interdisciplinary play of dark and light Charlotte organizes organic cut outs hosted in black and white fabric as an ode to her trial with bipolar. From the ultra femme world of her sustainable garden, we see the fabric overlay that continues to build as the rising action finds it's point of climax.





lammergeyer dress marks a turn of time as the model raises her arms and the

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